



Birthspirit's *Mind, Body, and Spirit Midwifery Workshop*

23rd – 29th January 2011

The Cottage, Tamahere, New Zealand

This week-long, live-in midwifery workshop in New Zealand embraces the mind, body and spirit of midwifery. Throughout this time you are provided with onsite accommodation, nutritious meals and refreshments and a beautiful space to immerse yourself in the tradition of the wise-woman midwife.

Main workshops include:

- Authentic midwifery in a modern world
- The journey from 'doing' to 'being'
- Analysing interventions: why do we do what we do?
- Embracing the wise woman
- Post-term pregnancy: myths and mysteries
- Breech birth woman-wise
- Woman-friendly ways of understanding research and statistics
- Exploring the 'what ifs'
- Placental birth: an holistic approach
- Cherishing the midwifery spirit.

Maggie Banks

RM, PhD, ADN, RGON

Maggie has practised as a home birth midwife in the Waikato region of New Zealand since 1989. For 18 years prior to this she worked in women's and newborn health in hospital settings as a nurse before becoming a midwife in 1987. After completing her PhD in 2007, Maggie returned to her midwifery passions - home birth practice, independent midwifery education and writing.

Maggie has written two books - *Breech Birth Woman-Wise* and *Home Birth Bound: Mending the Broken Weave* - and various articles. While her speaking engagements have taken her to the USA, Canada and Australia, Maggie now confines most of her teaching activities to within New Zealand.

Sara Wickham

RM, PhD, MA, PGCert, BA(Hons)

Sara is a direct-entry midwife who has practised midwifery in the UK and USA, in home birth, birth centre and hospital settings and she has also worked as a midwife researcher and midwifery lecturer. Sara is currently self-employed as an independent midwife, lecturer and consultant.

Sara's publications include the *Midwifery: Best Practice* series, *Appraising Research into Childbirth*, *Anti-D in Midwifery: Panacea or Paradox?* and *Sacred Cycles: the Spiral of Women's Well-being*. Sara recently completed her PhD thesis, in which she explored holistic midwives' knowledge in relation to 'post-term' pregnancy.

All workshop sessions and materials, meals, refreshments, accommodation, outings, hot tub use and pick up and drop off from Hamilton airport or city are included in the workshop cost.

Registration and secure on-line payment is available at www.birthspirit.co.nz or complete the form overpage and post or fax.

For further information email Maggie Banks maggiiebanks@birthspirit.co.nz or visit www.birthspirit.co.nz



Birthspirit's *Mind, Body and Spirit Midwifery Workshop*

I wish to register for the Workshop: **23rd - 29th January 2011**

Participant Details

Name:	_____
Address:	_____
Phone:	_____
Email:	_____

Tell us a little bit about yourself

Payment Details

Workshop cost: NZ\$1,500.00 (GST inclusive)
Payment options - (please complete option details)
<input type="checkbox"/> I wish to pay by credit card: Please debit my <input type="checkbox"/> VISA <input type="checkbox"/> MasterCard Credit card no. ____ / ____ / ____ / ____ Expiry Date: __ / __ Name on card: _____ If you would prefer, please fax your credit card information to 07 856 3070 (International fax is 64 7 856 3070).
<input type="checkbox"/> I wish to pay online by direct credit: Deposit to the bank account of Birthspirit Ltd a/c no. 010370-0027518-00 (ANZ Bank, Chartwell Branch, Hamilton, New Zealand). Please use your name as your reference.
<input type="checkbox"/> I wish to pay by cheque (New Zealand only) Cheque payable to: Birthspirit Ltd Postal address: Birthspirit Ltd, 15 Te Awa Road, RD 3, Hamilton, New Zealand 3283
Note: Registration payment is non-refundable. Places for the Workshop will be allocated on receipt of payment.

Registration and secure online payment is available at www.birthspirit.co.nz