



Birthspirit's *REARING TO GO! Breech Birth Workshop*

Women throughout New Zealand regularly report diminished or no support in obstetric hospitals to give birth, without surgical intervention, to their breech-presenting babies. An inability to find willing and skilled practitioners to support informed decision-making is frequently cited as the reason for 'choosing' caesarean section.

The art of facilitating breech birth is a basic midwifery skill taught in undergraduate midwifery programmes. Increasingly, midwives are being called on to support women who plan vaginal breech birth when their breech-presenting babies are diagnosed in pregnancy.

Aims of this workshop

1. To develop a workable midwifery process in obstetric hospitals for women planning physiological breech birth, and
2. To ensure that the midwife's practice reflects appropriate information-giving, consultation, labour and birth care planning and documentation practices for safe and effective midwifery care.

Presenter **Maggie Banks** RM, PhD, RGON

Maggie has a long-standing interest in breech presentation and birth and has written and lectured widely on the subject. Her book *Breech Birth Woman-Wise* is a valued text in midwifery and medical schools alike around the world. Maggie is proactive in encouraging midwives to be the leading caregivers for women during vaginal birth of breech babies to ensure the best opportunity for physiological and gentle birthing.

Dates and Venues

Napier - Tuesday, 25 May 2010
Quayside Restaurant and Conference Centre,
10 West Quay, Ahuriri, Napier

Palmerston North - Thursday, 27 May 2010
The Herb Farm, Grove Road, Ashhurst

Manurewa - Tuesday, 29 June 2010
Beaufords at Totara Park, The Gardens,
1 Wairere Road, Ranurewa

Cambridge - Tuesday, 20 July 2010
Emanuel's Lake Karapiro Lodge,
1829F State Highway 1, Karapiro

Lower Hutt - Tuesday, 28 September 2010
Angus Inn, Waterloo Street, Lower Hutt

Paraparaumu - Friday, 1 October 2010
Lindale Lodge and Conference Centre,
State Highway 1, Paraparaumu North

Hours

9.30am - 4.30pm (Coffee available from 9.15am)

Cost: NZ \$185.00 (GST inclusive)

Pre-registration is essential

Numbers are strictly limited and are allocated as paid registrations are received.

Registration includes lunch, morning and afternoon refreshments during the Workshop, plus printed material.

This Workshop will be sent to Midwifery Council for points allocation.

Attendance certificates will be issued on the day.

Registration and secure on-line payment is available at www.birthspirit.co.nz

For further information please contact
Maggie Banks at maggiebanks@birthspirit.co.nz
or phone 64 7 856 4612



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Tick Workshop Required

I wish to register for the Workshop in:

- | | |
|-------------------------------------------------------------------|------------------------------------------------------------------|
| <input type="checkbox"/> Napier - Tuesday, 25 May 2010 | <input type="checkbox"/> Cambridge - Tuesday, 20 July 2010 |
| <input type="checkbox"/> Palmerston North - Thursday, 27 May 2010 | <input type="checkbox"/> Lower Hutt - Tuesday, 28 September 2010 |
| <input type="checkbox"/> Manurewa - Tuesday, 29 June 2010 | <input type="checkbox"/> Paraparaumu - Friday, 1 October 2010 |

Participant Details

Name: _____
Address: _____
Phone: _____
Fax: _____
Email: _____

Payment Details

Workshop cost: NZ\$185.00 (GST inclusive)

Payment options - (please complete option details)

I wish to pay by credit card:

Please debit my VISA MasterCard

Credit card no. _____ / _____ / _____ / _____ **Expiry Date:** __ / __

Name on card: _____

If you would prefer, please fax your credit card information to 07 856 3070.

I wish to pay online by direct credit:

Deposit to the bank account of Birthspirit Ltd a/c no. **010370-0027518-00** (ANZ Bank, Chartwell Branch, Hamilton, New Zealand). Please use your name as your reference.

I wish to pay by cheque (New Zealand only)

Cheque payable to: Birthspirit Ltd
Postal address: Birthspirit Ltd, 15 Te Awa Road, RD 3, Hamilton 3283

Note: Registration payment is non-refundable.

Places for the Workshop will be allocated on receipt of payment.

Registration and secure online payment is available at www.birthspirit.co.nz